



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HOT VIBES 6:00-6:45a		HOT VIBES 6:00-6:45a		HOT VIBES 6:00-6:45a		
STRONG VIBES 7:00-7:45a	STRONG VIBES 7:00-7:45a	STRONG VIBES 7:00-7:45a	STRONG VIBES 7:00-7:45a	STRONG VIBES 7:00-7:45a		
STRONG VIBES 8:15-9:15a	HOT VIBES 8:15-9:15a	STRONG VIBES 8:15-9:15a	HOT VIBES 8:15-9:15a	STRONG VIBES 8:15-9:15a	HOT VIBES 8:15-9:15a	
HOT VIBES 9:30-10:30a	STRONG VIBES 9:30-10:30a	HOT VIBES 9:30-10:30a	STRONG VIBES 9:30-10:30a	HOT VIBES 9:30-10:30a	STRONG VIBES 9:30-10:30a	HOT VIBES 9:30-10:30a
					HOT VIBES 10:45-11:45a	HOT VIBES 10:45-11:45a
HOT VIBES 12:15-1:00p	HOT VIBES 12:15-1:00p	HOT VIBES 12:15-1:00p	HOT VIBES 12:15-1:00p	HOT VIBES 12:15-1:00p	STRONG VIBES 12:00-1:00p	HOT VIBES 12:00-1:00p
HOT VIBES 5:30-6:30p	STRONG VIBES 5:30-6:30p	HOT VIBES 5:30-6:30p	STRONG VIBES 5:30-6:30p			DEEP VIBES 5:30-6:30p
STRONG VIBES 6:45-7:45p	NEW VIBES 6:45-7:45p	STRONG VIBES 6:45-7:45p	HOT VIBES 6:45-7:45p			



HOT VIBES - hot power flow yoga.

STRONG VIBES - strength training & core workout w/weights.

DEEP VIBES - deep stretch postures, longer holds.

NEW VIBES - explore the fundamentals of yoga poses and vinyasa flow (non heated)

GOOD VIBES - same as HOT VIBES just at a special price.

NEW CLIENT SPECIALS

2 weeks unlimited for \$25

4 weeks unlimited for \$45

1 month unlimited
\$175

1 month contract

6 month unlimited
\$125

6 month contract - auto renew

12 month unlimited
\$105

12 month contract - auto renew

All memberships include: 1 guest pass monthly*, 10% off retail items**, 10% off workshops.

*guest must be accompanied by member **excludes certain items



CLASS PACKS

drop in
\$22

5 pack
\$99

10 pack
\$185

20 pack
\$345

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720 Governor Morrison Street Suite E140 Charlotte NC 28211 • 704.362.3311